### **Massachusetts**

# National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Massachusetts**, 352 substance abuse treatment facilities responded to the 2002 N-SSATS, reporting that there were 35,919 clients in substance abuse treatment on March 29, 2002. The survey response rate in **Massachusetts** was 94%.

			Client	s in Treatm	ent on March 29,	2002				
	Faci	Facilities		Facilities		Facilities		lients	Clients Under Age 1	
	No.	%	No.	%	No.	%				
Private non-profit	279	79%	26,416	74%	1,353	91%				
Private for-profit	56	16%	7,697	21%	132	9%				
Local government	6	2%	444	1%	_	_				
State government	4	1%	95	<1%	_	_				
Federal government	7	2%	1,267	4%	_	_				
Dept. of Veterans Affairs	5	1%	1,248	4%	_	_				
Dept. of Defense	1	<1%	5	<1%	_	_				
Indian Health Service	_	_	_	_	_	_				
Other	1	<1%	14	<1%	_	_				
Tribal government	_	_	_	_	_	_				
Total	352	100%	35,919	100%	1,485	100%				

#### **Primary Focus of Facility**

	Clients in Treatment on Mar					2002
	Facilities		All (	All Clients		r Age 18
	No.	%	No.	%	No.	%
Substance abuse treatment services	174	49%	19,497	54%	502	34%
Mental health services	55	16%	4,202	12%	340	23%
General health care	19	5%	1,484	4%	102	7%
Mix of mental health & substance abuse						
treatment services	90	26%	10,085	28%	457	31%
Other/unknown	14	4%	651	2%	84	6%
Total	352	100%	35,919	100%	1,485	100%

#### **Substance Abuse Problem Treated**

			Clients in Treatment on March 29, 2002			
	Facilities <sup>1</sup>		Cli	ents	Clients per 100,000 Pop.	
	No.	%	No.	%	Aged 18 and Over	
Clients with both alcohol and drug abuse	314	95%	17,108	48%	330	
Clients with drug abuse only	254	77%	11,806	33%	235	
Clients with alcohol abuse only	265	81%	6,759	19%	128	
Total <sup>2</sup>	329		35,673	100%	693	

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

<sup>&</sup>lt;sup>2</sup> Excludes 23 facilities that were not asked or did not respond to this question.

#### **Type of Care**

			Clients in Treatment on March 29, 2002				
				All Client	ts	Clients Under	Age 18
					Median No.		
	Facil	ities¹			of Clients		
	No.	%	No.	%	Per Facility	No.	%
Outpatient	236	67%	31,679	88%	70	1,413	95%
Regular outpatient	215	61%	18,423	51%	42		
Intensive outpatient	65	19%	1,648	5%	10		
Day treatment/partial hospitalization	41	12%	438	1%	6		
Detoxification	54	15%	821	2%	6		
Methadone/LAAM maintenance	33	9%	10,349	29%	300		
Residential	134	38%	3,622	10%	21	65	4%
Rehabilitation	127	36%	2,989	8%	20		
Detoxification	26	7%	633	2%	25		
Hospital Inpatient	37	11%	618	2%	11	7	1%
Rehabilitation	15	4%	166	1%	5		
Detoxification	35	10%	452	1%	10		
Total	352		35,919	100%	38	1,485	100%

<sup>&</sup>lt;sup>1</sup> Facilities may be included in more than one category.

#### **Opioid Treatment Programs (OTPs)**

	No.	%
Facilities with OTPs		
Maintenance only	5	10%
Detoxification only	15	29%
Both maintenance and detoxification	31	61%
Total	51	100%
Clients in Facilities with OTPs	11,288	
Methadone	11,266	
LAAM	22	

#### **Type of Payment Accepted**

	Facilities		
	No.	%	
Cash or self-payment	307	87%	
Private health insurance	243	69%	
Medicare	191	54%	
Medicaid	237	67%	
Other State-financed health insurance	133	38%	
Federal military insurance	106	30%	
Other type of payment	40	11%	
Sliding fee scale	216	61%	
Other payment assistance	125	36%	

#### **Facility Capacity and Utilization Rate**

		Hospital
	Residential	Inpatient
No. of facilities <sup>1</sup>	125	33
No. of clients	3,524	521
Designated beds	3,475	532
Utilization rate	101%	98%
Designated beds per facility (average	e) 28	16

<sup>&</sup>lt;sup>1</sup> Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

### Facility Licensing, Approval, Certification, or Accreditation

	Facil	ities
	No.	%
Any listed agency/organization	332	94%
State Substance Abuse Agency	254	72%
State Mental Health Department	102	29%
State Public Health Department/Board of		
Health	271	77%
Hospital licensing authority	49	14%
JCAHO (Joint Commission on Accreditation		
of Healthcare Organizations)	107	30%
CARF (Rehabilitation Accreditation		
Commission)	19	5%
NCQA (National Committee for Quality		
Assurance)	12	3%
COA (Council for Accreditation for Children		
and Family Services)	17	5%
Other State/Local Agency/Organization	26	7%

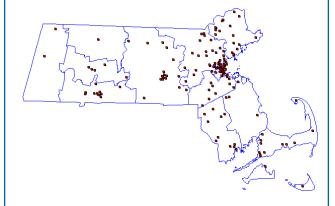
## Facility Administrative and Funding Characteristics

	<b>Facilities</b>	
	No.	%
Is part of organization with multiple facilities		
or sites	252	72%
Has agreements or contracts with managed		
care organizations for provision of substance	ce	
abuse treatment services	232	66%
Receives Federal, State, county, or local		
government funds for substance abuse		
treatment programs	246	70%

Programs for Special Groups			
	Facilities		
	No.	%	
Dually-diagnosed	201	57%	
Adolescents	81	23%	
Persons with HIV/AIDS	108	31%	
Gays and lesbians	70	20%	
Pregnant/postpartum women	65	19%	
Women only	148	42%	
Men only	133	38%	
Seniors/older adults	66	19%	
Criminal justice clients	84	24%	
DUI/DWI offenders	75	21%	
Other groups	39	11%	

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Types of Services Offered	Facil	lities
	No.	iities %
Assessment Services	330	94%
Comprehensive substance abuse		0.70
assessment/diagnosis	323	92%
Comprehensive mental health		
assessment/diagnosis	171	49%
Substance Abuse Therapy		
and Counseling	349	99%
Family counseling	259	74%
Group therapy	296	84%
Individual therapy	330	94%
Relapse prevention groups	284	81%
Aftercare counseling	257	73%
Pharmacotherapies	75	21%
Antabuse	66	19%
Naltrexone	58	17%
Testing	277	79%
Blood alcohol testing	152	43%
Drug/alcohol urine screening	255	72%
Hepatitis testing	103	29%
HIV testing	139	40%
STD testing	103	29%
TB screening	132	38%
Transitional Services	321	91%
Assistance with obtaining social services	240	68%
Discharge planning	283	80%
Employment counseling/training	114	32%
Housing assistance	141	40%
Referral to other transitional services	305	87%
Other Services	311	88%
Case management services	246	70%
Child care	31	9%
Domestic violence or family/partner		
violence services	130	37%
HIV/AIDS education/counseling/support	255	72%
Outcome follow-up (post-discharge)	167	47%
Transportation assistance to treatment	122	35%
Acupuncture	29	8%

#### **Location of Treatment Facilities**



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

http://findtreatment.samhsa.gov

### **Services for the Hearing Impaired or in Languages Other than English**

	No.	%
Hearing impaired	97	28%
Spanish	174	49%
American Indian/Alaska Native languages	1	<1%
Other	109	31%

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2002. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: <a href="http://www.oas.samhsa.gov/dasis.htm#Reports">http://www.oas.samhsa.gov/dasis.htm#Reports</a>

Access the latest N-SSATS public use files at: http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

> Other substance abuse reports are available at: http://www.oas.samhsa.gov



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Substance Abuse and Mental Health Services Administration
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